



Lavaca County 4-H News May 31, 2023

always keep an eye on <https://lavaca.agrilife.org/> and our Facebook page <https://www.facebook.com/LavacaCounty4H>.

There will only be one June and one July newsletter.
We hope you have a fun and safe summer!

Good Luck to Camry Jacob who will be competing at the District 11 4-H Horse Show on May 31 & June 1 in Edna!

Texas 4-H Round-Up

Congratulations to our Texas 4-H Foundation Opportunity Scholarship Recipients
Brenden Henke \$5000 – Texas Poultry Federation
Lani Pilat \$5000 – Texas 4-H Foundation

They will both be recognized at the evening assembly on Wednesday, June 7th.

Good Luck to Adalyn Pohl who will be serving on the STEM Ambassador team and Keely Knesek who will be competing in Fashion Show, Choreographed Routine and Prose/Poetry.

Recordbook Judges Needed



We will be judging recordbooks in Gonzales at the PACE Building, 623 N. Fair Street on June 19 beginning at 9:00 a.m. If you have never judged recordbooks this will be a great opportunity to learn how, as will begin the morning with a judges training. Adults and senior level members who have had recordbooks place in the top three at District are encouraged to judge. Senior level members will be assigned junior books. We need four to five judges. Please call the office at 361-798-2221 if you are able to judge. We will also need volunteers to judge at District on July 13th.

Recordbooks, all awards, and county scholarship applications are due by 5:00 p.m. on Tuesday, June 13 to the Extension Office. Please note this is also the date for the Driscoll Auction and the office will be closed during that time. Interviews will be held on June 22nd. The awards/scholarship application has been revised this year –so please make sure you are using the new form. The same form is being used for all awards and the county scholarship. You only have to submit your form one time! Access it here: <https://lavaca.agrilife.org/4-h/4-h-scholarship-and-awards-information/>

The record book training recording can be found with this unlisted YouTube link: <https://www.youtube.com/watch?v=Iz6ytD36PKo>

***Natalie will be out of the office on annual leave from May 31-June 3 and helping with workshops and contests at Texas 4-H Round -Up from June 4-June 9. If you need assistance with a recordbook, send her an email with your specific question(s) and she will get back to you.

Items in the Office

The following people have items/awards in the office that need to be picked up:

April Hernandez
Adalyn Pohl
Lucky H 4-H
Lincoln Perez
Tristan Collins
Anabelle Steward
Hope, Hazel and Rena Pierce
Carter Dietz

Lani Pilat
Julia Barecky
Sweet Home 4-H
Olivia Gonzales
Maddie Collins
Alex Jurena
Anabelle Ischy
Jaycee McGee

Aubrey Freytag
Katie Richter
Callie Chrismon
Tate Gonzales
Ryan Koncaba
Andrew Pierce
Chambree and Paisley Stroupe
Kaylie and Karlie Hotz

Driscoll Auction

Tuesday, June 13

Hallettsville Livestock Commission

Lavaca County 4-H will once again be involved in conducting a benefit auction for Driscoll Children's Hospital in Corpus Christi. This auction, as in the past, will take place at the Hallettsville Livestock Commission Company on Tuesday, June 13th. This is an opportunity for 4-Hers to join with area ranchers and agribusinesses to support the hospital. The role of Lavaca County 4-Hers will be to donate items to be sold at the auction and/or help on the day of the sale.

In the past, items have included baked goods, arts and crafts, plants, animal feed, various livestock health products, etc. **Items may be delivered directly to the auction barn between 10:00 a.m. and 11:15 a.m. Please do not bring perishable items to the office ahead of time.** Other items may be dropped off, but please know that the more that is left at the office ahead of time, the more help we will need to move it that day. Once you know what you are going to be donating, please call the office and let us know so we can ensure that we have plenty of items. The auction will take place after the sale of the cows at approximately 12:00 noon. We need everyone's participation to ensure that the auction is a success.

Donation Suggestions - 4-H members are encouraged to donate items that relate to their projects. This is a great way to get project related community service which is often hard to achieve.

There are LOTS of opportunities that do not get included in this newsletter. Make sure you are also reading the weekly email from Texas 4-H and following Texas 4-H on social media so you do not miss out. There is just more than we can possibly keep up with and share. If you participate in something, please send us a picture or two and let us know what you learned and what you did so we can spotlight you in this newsletter or on our Facebook page!

Junior Leadership Lab

Date: July 11, 2023

Location: Texana Community Education Center – Lake Texana, Edna, TX

Entry/Registration: May 15 – June 23, 2023

Late Registration (for an additional \$25): June 24 – 30, 2023

Entry Fee:

\$40 for ALL youth participants (includes lunch, snacks, t-shirt, programming supplies, facility rental & insurance)

\$20 for adults, parents, agents and District Council officers wanting a Jr. Lab t-shirt (must register via 4-H Online)

\$5 for adults, parents, agents, and District Council Officers NOT ordering a shirt (register via 4-H Online)

Go to <https://d114-h.tamu.edu/events-and-contests/junior-leader-lab/> for more information.

Mark Your Calendars

August 1 – 4-H Banquet – Hallettsville Youth Center

October 8 – 4-H BBQ – all hands on deck! Please keep this open to work and to sell tickets. If other organizations are planning meals, please encourage them to pick another date.

Upcoming Validations

June 17 8:00 am – 10:00 am at the Hallettsville ISD Ag Pavillion

Major show steer and heifers

Hallettsville Jr. Livestock Show steers and Halter heifers (other opportunities later in the year for HJLS halter heifers)

Shiner Jr. Livestock Show steers

June 17 8:00am – 10:00am Hallettsville Livestock Commission Company

Hallettsville Jr. Livestock Show Commercial Heifer validation

June 17, 2023 10:00 am to 11:00 am at the Moulton ISD Campus

Moulton Stock Show steer validation

Major Show Turkey orders due here July 28, 2023

The order forms were in the May 2nd newsletter and available here at the office.

Are you doing your part to be an Active Member?

"I pledge my head to clearer thinking" . . . Did you complete projects with six new learning experiences where you learned something new and applied it?

"I pledge my heart to greater loyalty" . . . How have you represented 4-H? What have you done as a citizen and how have you helped your club and county 4-H? Are you attending and participating in meetings? Are you a leader in your club? county?

"I pledge my hands to larger service" . . . How have you helped others outside of 4-H? What are you doing to take the lead?

"I pledge my health to better living" . . . Do you make smart choices and take care of yourself and serve as a role model for others? How have you avoided peer pressure?

Are you working on your 4-H Record Book?

The answers to the questions above tell your story that belongs in your book –unique to you.

Go make it happen!

Fun at the Texas 4-H Center!

Register at <https://texas4hcenter.tamu.edu>

There are still spots open at the 4-H Center camps. We have two Lavaca County graduates working at the 4-H Center this summer: Kathleen Kneseck (Shiner '20) and Isabell Clay (St. Paul '20) and two Teen Counselors: Abigail Hill, Green Leaves and Keely Kneseck Half Moon who will be there for certain camps.



County Camp – Grades 3-9

I – June 25-29

II – July 9-13

Traditional camp experiences ideal for total family groups.

Horizons -July 2-6– Grades 4-8

Sign up for a specific project: Hunting, Fashion, Shooting

Other projects to be added soon

Prime Time

I – July 16-19 – Grades 3-5

II – July 19-22 – Grades 6-9

Traditional camp experiences with less age differences than county camp.

High Adventure – age 10-15

June 18-20

Outdoor /High Energy



Safe Sitter®

The course provides hands-on practice in lifesaving techniques to young teens who are home alone, watching younger siblings, or babysitting so they are equipped with the skills and confidence to act in an emergency. They learn basic first aid and infant and child choking rescue. **This class is open to youth** in grades 6-11. It is ideal for those in junior high. **Lavaca County EMS will provide infant and child CPR training.** Students also receive instruction on how a child's age affects how to care for them, how to prevent problem behavior, and how to run their own babysitting business.

Students who graduate from a Safe Sitter® course receive a completion card demonstrating they know how to use their skills in the situations that they encounter.

June 27, 2023

9:00 a.m. to 3:00 p.m.

Lavaca County Extension Office Conference Room

300 S. LaGrange Street, Hallettsville, TX 77964

\$40 Course Fee
includes supplies
and CPR
certification



Class size is limited. Pre-registration is required. Please sign up by calling 361-798-2221. For more information email natalie.knesek@ag.tamu.edu.

Texas A&M AgriLife Extension provides equal opportunities in its programs and employment to all persons, regardless of race, color, sex, religion, national origin, disability, age, genetic information, veteran status, sexual orientation, or gender identity. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating

Individuals with disabilities who require an auxiliary aid, service or accommodation in order to participate in any Extension activity, are encouraged to contact the County Extension Office (361)798-2221 to determine how reasonable accommodations can be made.



Mental Health **FIRST AID**

from NATIONAL COUNCIL FOR MENTAL WELLBEING

For Adults who Interact with Youth

including school faculty and staff, church youth group leaders, pastors, and teachers,
youth organization volunteers and anyone who mentors adolescents

*Mental Health First Aid was designed to extend the concept of first aid training to mental health and substance abuse challenges. This training is for **adults** who interact with youth. A separate Adult focused Mental Health First Aid training is scheduled for June 28, 2023.*

Wednesday, June 21, 2023

9:00 a.m. to 4:30 p.m.

\$40/person includes all course materials

Shiner Lutheran Church

1103 N. Ave B, Shiner, TX 77984

Participants will be emailed a link to complete a short survey prior to the class.

AFTER THE COURSE, YOU'LL BE ABLE TO:

- Recognize common signs and symptoms of mental health challenges, including anxiety, depression, eating disorders and attention deficit hyperactive disorder (ADHD).
- Recognize common signs and symptoms of substance use challenges.
- Understand how to interact with a young person in crisis.
- Know how to connect a young person with help.
- Better understand trauma, substance use, self-care and the impact of social media and bullying.

To Register

complete the attached registration form.

For more information call 361-798-2221.

This course is brought to you by  and generously supported by:

**TEXAS A&M
AGRI LIFE
EXTENSION**



Don G. Kaspar
FOUNDATION

ATM | HEALTHY SOUTH TEXAS

Extension programs of Texas AgriLife Extension Service are open to all people without regard to race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation, gender identity or any other classification protected by federal, state or local law The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.

Youth Mental Health First Aid Registration Form

Training to be held Wednesday, June 21, 2023

This form must be received by June 16, 2023

**Make Payments \$40/per person (Check or Money Order)
to Lavaca Home Economics Committee**

c/o Lavaca County AgriLife Extension

300 S. LaGrange Street

Hallettsville, TX 77964

All paid participants will receive an email with a short survey to complete prior to attending the class. Upon completion of the course, a short quiz must be completed online to receive your certificate.

Name _____

Phone Number _____ Text OK? Y or N

Email address _____

Occupations/Place of Employment:

This course is brought to you by:



Extension programs of Texas AgriLife Extension Service are open to all people without regard to race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation, gender identity or any other classification protected by federal, state or local law The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.

Reimbursement for Select Activities

The reimbursement policy was approved by the council and remains the same for 2023. Members may request reimbursement for a number of activities including participation at the Texas 4-H Center and entry fees for 4-H contests. Refer to the policy for details. Go to

<http://counties.agrilife.org/lavaca/files/2022/01/Lavaca-County-4-H-Reimbursement-Policy-and-Forms.pdf> to access the policy and forms.

Remember, also, to read the weekly e-mails you receive from Texas 4-H as they often have opportunities that do not get mentioned in this update. This update is sent via email to all actively enrolled members and leaders. It is also posted on the county website. If you know of someone who is not receiving the updates, please have them check their Spam folders and their enrollment. Thanks!

Texas A&M AgriLife Extension provides equal opportunities in its programs and employment to all persons, regardless of race, color, sex, religion, national origin, disability, age, genetic information, veteran status, sexual orientation, or gender identity. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating Individuals with disabilities who require an auxiliary aid, service or accommodation in order to participate in any Extension activity, are encouraged to contact the County Extension Office (361)798-2221 to determine how reasonable accommodations can be made.